# Governor's Trauma-Informed Care for Children Working Group September 13, 2018

## 1:00-3:00pm

## **Conference Room 1, Patrick Henry Building**

#### Agenda

- 1. Welcome and Overview of Agenda (5 mins)
  (Gena Boyle Berger, Deputy Secretary of Health and Human Resources)
- 2. Review updated problem statement (15 mins) (All)

Recent research shows chronic, severe stressors or "adverse childhood experiences" (ACEs) cause toxic biological responses to the developing brain, often with long-term consequences for health and wellness. A growing body of research, based on a groundbreaking 1998 CDC study, has sought to quantify the prevalence of ACEs and educate on their connection to negative health outcomes, such as heart disease, obesity, substance use disorder, depression, and other chronic health conditions. This research has now linked ACEs to 7 out of 10 of the leading causes of death in the United States.

The impact of the ACEs problem is incredibly complex. The trauma that children and families experience is not only due to individuals' actions. Some ACEs are the result of federal, state, and local government laws and policies. As we seek to address the problem of trauma resulting from government systems and policies, we must acknowledge that trauma has disproportionately affected children of color.

Finally, the ACEs impact is a multi-generational problem. Much of the trauma children experience related to parental behavior is the result of their parent(s) also being a victim of childhood trauma and never receiving adequate care and response for that trauma. As we work to create a system of trauma-informed care for children, we must do it with the lens that services for their parents need to be trauma-informed as well.

3. Small group work (45 mins)

Instructions for groups:

Join one of the below groups.

Identify a reporter for the group.

As a group, answer the questions on the worksheet.

### Groups:

- Primary and behavioral pediatric health care
- Education
- Public safety and juvenile justice
- Child welfare and the Courts
- Housing
- 4. Report outs from small group work (45 mins)
- 5. Wrap Up
- 6. Resources

Becoming a trauma-informed practice (American Academy of Pediatrics): <a href="https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/Becoming-a-Trauma-Informed-Practice.aspx">https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/Becoming-a-Trauma-Informed-Practice.aspx</a>

Trauma-informed schools (Family and Children's Trust Fund): <a href="mailto:file:///C:/Users/jsq97546/Downloads/FACT-ISSUE-BRIEF-TRAUMA-INFORMED-SCHOOLS-final1.pdf">file:///C:/Users/jsq97546/Downloads/FACT-ISSUE-BRIEF-TRAUMA-INFORMED-SCHOOLS-final1.pdf</a>

Developing a Trauma-Informed Child Welfare System https://www.childwelfare.gov/pubs/issue-briefs/trauma-informed/

National Council of Juvenile and Family Court Judges <a href="http://www.ncjfcj.org/our-work/trauma-informed-system-care">http://www.ncjfcj.org/our-work/trauma-informed-system-care</a>

10 things every juvenile court judge should know about trauma and delinquency: <a href="http://www.ncjfcj.org/sites/default/files/trauma%20bulletin\_1.pdf">http://www.ncjfcj.org/sites/default/files/trauma%20bulletin\_1.pdf</a>

A Trauma Primer for Juvenile Probation and Juvenile Detention Staff <a href="http://www.ncjfcj.org/trauma-primer">http://www.ncjfcj.org/trauma-primer</a>

Trauma-Informed Practices in Homeless Intervention Services <a href="file:///C:/Users/jsq97546/Downloads/FACT-ISSUE-BRIEF-TRAUMA-INFORMED-Homeless-Intervention-FINAL">file:///C:/Users/jsq97546/Downloads/FACT-ISSUE-BRIEF-TRAUMA-INFORMED-Homeless-Intervention-FINAL</a> (20(1).pdf